

## MASSAGES AND BODY CARE

**INDONESIAN TRADITIONAL MASSAGE** 60 min IDR 400.000

The ancient full body massage technique is known for its spiritual and physical healing properties. Using a combination of thumb and palm pressure and Indonesian floral oil extracted from plant to relieve tension and muscle fatigue and increase blood circulation.

**BALINESE MASSAGE** 60 min IDR 400.000

A gentle and calming massage using acupressure skin rolling and relaxing stroke to soothe, restore and calm the mind and body.

**MUSCLE EASE (SWESISH MASSAGE)** 60 min IDR 400.000

Invigorating deep tissue massage using Swedish massage techniques to wring away tension and stress with the option of deeper pressure.60 minutes

**STRESS RELIEVE BACK MASSAGE** 60 min IDR 400.000

A therapeutic deeply relaxing massage focus on back and upper body.60 minutes

**THAI MASSAGE** 60 min IDR 650.000

Energizing and uplifting, this yoga massage opens joints, increase energy flow and muscle flexibility (improving postural body alignment).

**REFLEXOLOGY** 60 min IDR 340.000

Treat your feet with whole body benefit. Working on your foot reflex points to restore balance and support the body own healing.

**TROPICAL ALOE VERA RITUAL** 75 min IDR 440.000

Heal and Repair

Too much sun? Let the purest natural remedies cool repair and restore your skin for your body cooling and healing aloe vera wrap to restore and damaged skin.

**BODY SCRUB AND WRAP** 75 min IDR 440.000

An invigorating and stimulating rice powder to improve skin circulation exfoliates great after an active day, leaving your skin glowing and bright the perfect preparation for a day on beach.

**MANICURE** 60 min IDR 240.000

The manicure includes a hand bath, scrub, hand massage nail trimming and nail polish.

**PEDICURE** 60 min IDR 240.000

The pedicure includes a foot bath, scrub, foot massage, nail trimming and nail polish.

## PACKAGES

**HONEYMOON IN ONBENE FOR TWO** 120 min IDR 1.500.000

- Foot Bath
- Balinese (Her) / Swedish (Him)
- Scrub
- Wrap
- Body lotion
- Ginger Tea

**FULL MOON MAGIC FOR TWO** 250 min IDR 2.300.000

- Foot Bath
- Indonesian Traditional
- Scrub
- Wrap
- Natural Facial
- Body Lotion
- Ginger Tea

**Relaxe Me (5 Days)** IDR 2.200.000

- Day 1: Balinese (60 min)
- Day 2: Indonesian Traditional (60 min)
- Day 3: Thai Massage (90 min)
- Day 4: Tropical Aloe vera (75 min)
- Day 5: Natural Facial (60 min)

**Detox Me (4 Days) 1600 K** IDR 1.600.000

- Day 1: Swedish (60 min)
- Day 2: Swedish (60 min)
- Day 3: Scrub & Wrap with Green Tea (75 min)
- Day 4: Balinese Massage (60 min)

**Cheer Me (3 Days) 1300 K** IDR 1.300.000

- Day 1: Scrub, Wrap & Natural Facial (120 min)
- Day 2: Balinese Massage (60 min)
- Day 3: Thai Massage (90 min)